



MUSIC

Pulse and Metre

Lesson 1: Understanding Pulse and Rhythm

- <https://classroom.thenational.academy/lessons/understanding-pulse-and-rhythm-chj3cr>
- What is pulse?
- Activity 1 – Record yourself chanting and clapping the beat at the same time – Upload via Seesaw
- What is rhythm?
- Activity 2 – Record yourself clapping and using body percussion for the rhythm – Upload via Seesaw

Lesson 2: Exploring 4 beats in a bar

- <https://classroom.thenational.academy/lessons/exploring-4-beats-in-a-bar-cgwk2t?activity=video&step=1>
- What is a chorus?
- Can you sing “Crazy Glue” and clap the pulse? If you can why not record yourself and upload to Seesaw?

Lesson 3 – Exploring 2 beats in a bar – You will need a beaker!

- <https://classroom.thenational.academy/lessons/exploring-2-beats-in-a-bar-6xk34d>
- What does a time signature tell us?
- Can you learn the ‘Cup Game?’ It looks impossible to me! – If you can record your efforts and upload to Seesaw!

Lesson 4 – Exploring 3 beats in a bar

- <https://classroom.thenational.academy/lessons/exploring-3-beats-in-a-bar-ccukcc>
- Can you sing, clap and click “Found a Peanut?” – If you can...you know what to do

Lesson 5 – Exploring 6 beats in a bar

- <https://classroom.thenational.academy/lessons/exploring-6-beats-in-a-bar-c5jpce>
- Hullabaloo Belay – Can you record the song or the claps and clicks?

Lesson 6 – Recognising Time

Signatures

- <https://classroom.thenational.academy/lessons/recognising-time-signatures-68u3gd>