

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Monday

'MEAT FREE'

Cheese & Tomato Pizza
Smoky BBQ Pizza



Winter Coleslaw
Mixed Green salad



Rainbow Pasta
(Served Hot)



Coconut and Cranberry
Cookies

Tuesday

All Day Breakfast

Sausage, Bacon,
Scrambled egg

Baked Beans

Tomatoes & Mushrooms



Veggie Breakfast

2 Veggie sausages,
Baked Beans

Scrambled Egg

Mushrooms & Tomatoes

Mini Potato Waffles



Fruit Salad

& Ice Cream

Wednesday

Roast Gammon

Sage & Onion Stuffing

Yorkshire Pudding

Rich Gravy

Apple Sauce



Autumn Vegetable Loaf



New Potatoes

Seasonal Vegetables



Fresh

Fruit Platter

Thursday

Homemade

Chicken & Sweet Potato
Curry



Welsh Layer

(potatoes, leeks and
cheese)

Crusty Bread



White and Wholegrain

Mixed Rice

Neen Bread Strip

Mixed Green Salad



Oaty Apple Crumble

with Custard

Friday

Omega 3

Fish Fingers

with Tartare Sauce



'New'

Birds Eye

Vegetable Fingers



Crispy Chips

Garden Peas

Baked Beans



Lemon Drizzle Sponge



Also available daily; Fresh Fruit Salad/Yeo Valley Yogurt/Water /Salad Bar/ Bread

WEEK 1

Tuesday Wednesday Thursday

Saturday Sunday Monday



Monday

'MEAT FREE'

Rainbow Pasta
With Schools Favourite
Sauce



Sweetcorn
Mixed Green Salad



Pineapple
Upside-down Cake
with Custard



Tuesday

'New'

Crunchy Breaded
Herby Chicken



Vegetable Parcels



Buttered New Potatoes

Fresh Carrots
Green Beans



Mandarin Orange Zingy
Jelly with Ice Cream

Wednesday

Roast Chicken
Yorkshire Pudding
Gravy



Quorn Fillet
Toad in the Hole



Roast Potatoes
Fresh Cauliflower
Honey Roast Parsnips



Fresh Fruit Platter

Thursday

Sweet & Sour Pork



Baked Mexican Wrap



Plain Rice
Broccoli Trees
Sweetcorn



Chocolate Cake

Friday

Gluten free bubble fish
portion



Bean Burger in a Bun
with Tomato Sauce



Crispy Chips
Garden Peas
Baked Beans



Fresh Fruit Pots
or Iced Fruit Smoothie

Also available daily; Fresh Fruit Salad/Yeo Valley Yogurt/Water /Salad Bar/ Bread

Tuesday Wednesday Thursday Friday Saturday Sunday



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Monday

'MEAT FREE'

French Bread Pizzas
Cheese & Tomato

or

Mixed Peppers



Mixed Green Salad
Homemade Italian
Potato Wedges



Layered Granola
Yoghurt Pot

Tuesday

Tandoori Chicken



Gnocchi in a
Homemade Tomato &
Chick Pea Sauce
Crusty Bread



Mixed Rice
(wholegrain & white)
Sweetcorn
Naan Bread Strip



Oaty Apple Cake
and Custard

Wednesday

Roast Beef,
Yorkshire Pudding
Horseradish Sauce



Cheesy Bean Yorkshire
Pudding



Roast Potatoes
Shredded Savoy
Cabbage
Fresh Carrots Batons



Rice Pudding with
Various Toppings

Thursday

Homemade
Sausage Rolls



Omelette Popovers



Creamy Mashed
Potatoes

Fresh Broccoli
Green Beans



Fresh Fruit Platter

Friday

Omega 3 Fish Portion



Quorn Dippers
with Tomato Sauce



Crispy Chips
Garden Peas
Baked Beans



Chocolate Crispy

Also available daily; Fresh Fruit Salad/Yeo Valley Yoghurt/Water /Salad Bar/ Bread



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WEEK 3