








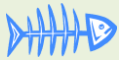






Monday Tuesday Wednesday Thursday Friday Saturday Sunday

WK 1

WINTER MENU 2019

Monday 'MEAT FREE'	Tuesday	Wednesday	Thursday	Friday
Thin & Crispy Cheese & Tomato Pizza	Home-made sausage roll	Roast Chicken Breast Sage & Onion Stuffing Yorkshire Pudding Rich Gravy	Chunky Chicken Bites	Omega 3 Fish Fingers with Tomato Sauce
				
Winter Coleslaw	Crispy Cube Potatoes	Roast Potatoes or Mashed Potatoes	Tortilla Wrap White & Wholegrain Rice	Thin Cut Oven Fries Garden Peas Baked Beans
				
Potato Wedges	Sweetcorn	Carrots Roast Parsnips	Broccoli	Ice-Cream Pot
				
Flapjack Bite	Strawberry Mousse	Fresh Fruit Platter or 100% Fruit Lolly	Banana Cake & Custard	



Also available daily; Fresh Fruit /Yogurt/Water /Salad Bar







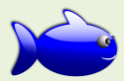





WEEK 1

Tuesday Wednesday Thursday Friday Saturday Sunday Monday

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

WK 2

WINTER MENU 2019

Monday 'MEAT FREE'	Tuesday	Wednesday	Thursday	Friday
Quorn Dog (Frankfurter Style) In an American Long Roll	Tricolour Pasta Topped with Bolognaise or Cheese	Roast Turkey Yorkshire Pudding Stuffing Gravy	Chicken Breast with a choice of BBQ Sauce or Cheese	Omega 3 Fish Fingers Tomato Sauce
				
Diced Herby Potatoes Sweetcorn	Garlic Bread	Roast Potatoes or Mashed Potatoes Carrots Green Beans	Sliced Sauté Potatoes Naan Bread Strips	Thin Cut Oven Fries Garden Peas Baked Beans
				
Raisin & Oat Cookie	Chocolate & Orange Brownie	Fresh Fruit Platter Or 100% Fruit Lolly	Iced Sponge Finger	Arctic Roll or Icecream Tub



Also available daily; Fresh Fruit/Yogurt/Water /Salad Bar/ Bread



WEEK 2

Tuesday Wednesday Thursday Friday Saturday Sunday Monday

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

WK 3

WINTER MENU 2019

Monday

'MEAT FREE'

Cheese & Onion
Pastry Roll



Diced Potatoes
Sweetcorn



Mango and Orange
Sorbet Pot

Tuesday

'All Day Breakfast'

Butcher's Sausage Bacon
Scrambled Egg
Baked Beans
Tomatoes
Hash Browns



Shortbread Bite

Wednesday

Roast Chicken
Yorkshire Pudding
Stuffing
Gravy



Roast Potatoes
Or Mashed Potatoes
Carrots
Broccoli



Fresh Fruit Platter

Thursday

Burton's Beef Burger in a
Burger Bun
Cheese Slice



Potato Waffles
Sweetcorn



Gingerbread Cookies

Friday

Omega 3 Fish Fingers
Tomato Sauce



Thin Cut Oven Fries
Garden Peas
Baked Beans



Toffee Crisp Bite



Also available daily; Fresh Fruit/Yogurt/Water /Salad Bar/ Bread



WEEK 3

Tuesday Wednesday Thursday Friday Saturday Sunday Monday